



Additional Resources for Artist in Your Residence Family Art Kit

Pillow Box Totems

A paper collage project with DiAE Teaching Artist Yolanda Chetwynd

Totems

- What is a Totem Pole?: <https://www.wonderopolis.org/wonder/what-is-a-totem-pole>
- Totem Pole Facts for Kids: <https://www.cbc.ca/kidscbc2/the-feed/14-totally-terrific-totem-pole-facts>
- Spirit Animals: <https://www.spiritanimal.info/>

Feelings

- Movie Trailer for Inside Out: <https://www.youtube.com/watch?v=3wk8UyVFE74>
- Helping kids identify and express feelings: <https://kidshelpline.com.au/parents/issues/helping-kids-identify-and-express-feelings>
- Helping kids manage emotions during COVID-19: <https://www.mcleanhospital.org/news/4-ways-help-children-manage-emotions-during-covid-19-outbreak>
- Sesame Street Name that Feeling: <https://www.youtube.com/watch?v=ZxfJicfyCdg>
- Helping students explore emotions: <https://www.apperson.com/teach-talk/10-activities-to-help-students-explore-emotions>

We'd love to see your totem. Please share a photo of your work and tag us!



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